a mother in my district who recently lost her son to gun violence.

She called my office after seeing those Members, distraught by their casual cruelty and their dangerous promotion of violence.

I rise today as the voice in Congress for that brokenhearted mother to make this very clear: House Democrats are united in the fight to end senseless gun violence. We want to advance real solutions, and we will always stand up to extremist behavior that threatens the safety of our communities.

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RECOGNIZING BETSY WALLS, PUBLIC HEALTH EMERGENCY PREPAREDNESS TRAILBLAZER

Ms. SCANLON. Mr. Speaker, I rise today to recognize a constituent whose decades of public health service have made our community stronger.

Betsy Walls is being recognized by the CDC and Prevention as a public health emergency preparedness trailblazer from Pennsylvania. She is one of 48 Americans being recognized for their tireless work to protect our communities from a range of public health threats.

Betsy's distinguished career in serving her community includes serving as a flight nurse for the Pennsylvania Air National Guard, where she retired as a lieutenant colonel; she spent 30 years at Delaware County Memorial Hospital, first as a staff nurse, then a head nurse, then an evening supervisor, and, finally, as director of staff education, and she served as director of personal health at the Chester County Health Department for 18 years.

Betsy's commitment to ensuring our community is ready and able to respond to disasters has touched thousands of lives. Our community owes Betsy Walls an enormous debt of gratitude for the strong foundation she has built to keep our communities strong and healthy for years to come.

RECOGNIZING PHILADELPHIA EAGLES CHANGE-MAKER AWARD WINNER, DR. RUTH ABAYA

Ms. SCANLON. The Philadelphia Eagles are headed to the Super Bowl this weekend, and I want to recognize the team's 2022 Inspire Change Changemaker Award winner, Dr. Ruth Abaya, an emergency physician at Children's Hospital of Philadelphia and a scholar of the hospital's Center for Violence Prevention.

As our country works to tackle gun violence, Dr. Abaya is on the front lines, treating this issue like the public health crisis that it is.

In her role as program manager for the Injury Prevention Program at Philadelphia's Department of Health, she is helping to identify the most promising practices for violence prevention and intervention for young people in our region.

A public health approach to gun violence requires a comprehensive, multifaceted response driven by research and data. It means a focus on prevention, in addition to treatment. Dr. Abaya's work is moving us toward the solutions we need to face this crisis head-on and give our children brighter futures.

I am grateful for Dr. Abaya's dedication to making our community a safer place for everyone and to the Philadelphia Eagles for their support for her program.

This weekend, go Birds.

## A FRIEND CLOSER THAN A BROTHER

The SPEAKER pro tempore. The Chair recognizes the gentleman from Texas (Mr. SELF) for 5 minutes.

Mr. SELF. Mr. Speaker, Jesus said: "Greater love hath no man than this, that a man lay down his life for his friends."

These words guided the life of the late Sam Johnson who served the great State of Texas 27 years in this House, 6 years in the Texas House, and nearly 7 years as a POW in the infamous Alcatraz annex of the Hanoi Hilton.

Mr. Speaker, if you had the honor to shake Sam's broken hand, then you felt the permanent damage that he endured for our Nation. Sam Johnson laid down his life for his friends throughout his life. It is an honor to serve in the House seat where he honorably served.

Those words of Jesus guided me through my military career and through my introduction to the 118th Congress that first week, and they will continue to guide me just as they did my friend Sam Johnson.

Our Nation is facing tremendous uncertainty. Misguided policies are causing inflation, incentivizing criminals, promoting out-of-control spending, and projecting America as weak on the world stage.

Now is the time for Congress to restore fiscal restraint, embrace family values, offer certainty to our citizens, and stand firm against tyranny that encroaches on freedom around the world.

There is a model for our Nation's leaders to follow. The Texas model provides a roadmap to guide this House in its effort to restore America's future.

The Texas economy ranked ninth of all nations by GDP, ahead of countries like Canada, Australia, and Russia. The Texas delegation in Congress has the most Republican Members because people are flocking to Texas for economic prosperity, improved quality of life, and greater opportunity. That description is the American Dream. But that dream should not be limited by geography.

Everything that is right about America can be found in Texas: from the feedlots in the panhandle where I grew up to ports along the Gulf Coast, from farms in the Rio Grande Valley to the piney woods of east Texas, and from the oil patch to military bases scattered across the State. Texas has agriculture, manufacturing, finance, defense, and tourism. Big cities and small towns—Texas has it all.

Unfortunately, we also feel the pain of what is wrong with America: a flood

of illegal immigrants crossing our border along with drugs like fentanyl and victims of human trafficking. Texas families are hurting just like other families across this great land. Crime is rising, inflation is still out of control, and children are being exploited right before our eyes.

The day after the November election, pundits called the GOP weak. Two months later, they called us crazy for working to restore the House to the way it operated for over 200 years. We worked until we achieved the rules that govern a Congress that now operates efficiently. I believe that, standing shoulder to shoulder with Speaker McCarthy, this Congress with these rules will help lead America back to its place as a beacon to the free world.

The GOP has not yet gained the trust of many Americans. My belief is that if we hold the line on spending, commit to defending our borders, and resolve to embrace the values of our forefathers, then we will earn America's broad support.

We—all of us right here in this Chamber—wrestled over the rules a few weeks ago. We wrestled hard—just as JIM JORDAN wrestled back in his day—and I am proud to say that this Congress is off to a pretty good start with bold leaders who are making a difference.

The days ahead are days of promise. They will be long days with hard decisions and tough votes, but if we endeavor to embrace the encouraging words of Jesus to sacrifice for our friends, then I believe that we will continue to be that shining example to the world.

Mr. Speaker, I submit to you that the struggle over ideals in this Chamber is appropriate, and it makes us stronger.

The question is: Will we hold the line, especially when attacked by those who oppose liberty?

The preamble of our Constitution speaks of securing the "Blessings of Liberty." Let's commit to holding the line and to standing together to those opposing American exceptionalism. Let our example to the American people and the world be our commitment to

preserving liberty. Will we sacrifice?

Will we lay down our lives for liberty?

I pray we will.

## AFRICAN-AMERICAN HISTORY

The SPEAKER pro tempore. The Chair recognizes the gentlewoman from Michigan (Ms. TLAIB) for 5 minutes.

Ms. TLAIB. Mr. Speaker, Black history is American history. As Black History Month begins, all across the country we see radical, rightwing elected officials attempting to whitewash American history and ban Black history from being taught in our classrooms.

This is, Mr. Speaker, unmasked white supremacy at its core. You cannot teach the truth about American history without Black history.